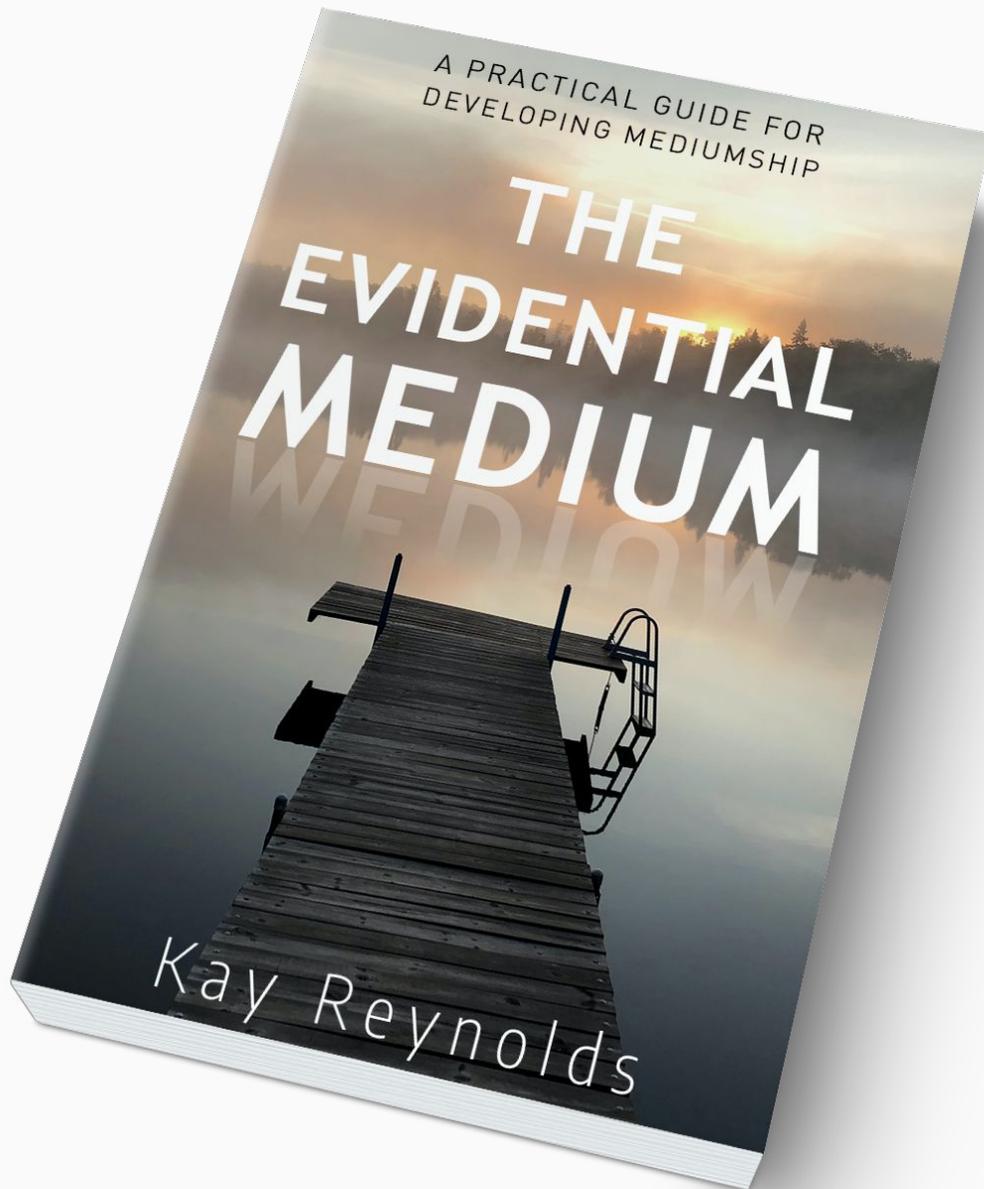


# KAY REYNOLDS

AUTHOR. SPEAKER. MEDIUM.



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*June 11, 2020*

# KAY REYNOLDS



*I am Kay.  
My story is simple.  
Medium from birth.  
Connected for life.  
Employee to the Creator.  
Of service to mankind.  
Seer of the unseen.  
Truth-seeker always.  
World traveler.  
My story is simple.  
Yet extraordinary and full.  
I free my soul to run wild and free  
As my soul rises to be me.  
I am complete.*

## **AUTHOR BIO**

*Kay Reynolds is a medium, public speaker, and author of the new book, *The Evidential Medium: A Practical Guide for Developing Mediumship*. She trained as a medium at the prestigious Arthur Findlay College in Stansted, England, under the mentorship of Mavis Pittilla, one of the College's longest-standing tutors. OMTimes Magazine has featured Kay's articles "Dying with Grace," "Becoming a Professional Medium," and forthcoming article "Signs from Heaven." In *The Evidential Medium*, she shares her personal mediumship journey, along with practical exercises to help readers unlock the ancient tools of mediumship that are held deep within the soul.*

*Kay has taken her mediumship around the globe, working in churches, theaters, and halls as a teacher of mediumship and as a public speaker. Whether Kay is teaching, writing, speaking, or giving public mediumship demonstrations—delivering evidence of the continuance of life beyond this world—her great sense of humor and her integrity and compassion shine through.*

*When Kay isn't writing or working as a medium, you might find her sipping hot chocolate by the fire and snuggling with her two fur babies, Tango and Indy Blu. Or you might catch sight of her hiking in the Smoky Mountains or meandering through a cobblestone alleyway in one of her favorite European cities. On rare occasions, you may even spot Kay in her kitchen, attempting to cook. But no one really expects that to go well.*



# THE EVIDENTIAL MEDIUM

## BOOK SYNOPSIS

# THE EVIDENTIAL MEDIUM

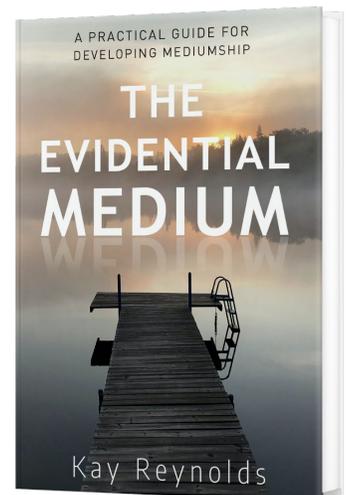
## A PRACTICAL GUIDE FOR DEVELOPING MEDIUMSHIP

Are you a psychic medium ready to strengthen your ability to communicate with the spirit world? Are you ready to explore mediumship from all angles? Are you ready to stretch yourself beyond what you believed possible? Are you ready to move your mediumship to the next level? If you answered "Yes!" to any of these questions, *The Evidential Medium: A Practical Guide for Developing Mediumship* is the book for you.

If you've been looking for a book containing practical mediumship exercises, guides to analyze your own work, and simple explanations of why your mediumship skills are working or not working, your search is over. In *The Evidential Medium: A Practical Guide for Developing Mediumship*, author Kay Reynolds shares her own struggles on the road to becoming a professional medium, what she learned, how she overcame her hurdles—and what you can do to help yourself. With this book, Kay makes mediumship training an art form. Her no-nonsense, light-hearted approach and helpful exercises will keep you coming back again and again as you propel your mediumship forward.

Throughout the book, you will have opportunities to:

- Practice helpful exercises
- Strengthen your psychic mediumship readings
- Use meditations to improve various areas of your mediumship
- Understand why and how we communicate with spirits
- Delve deeper into the evidence
- Surrender to the spirit world
- Go on mind journeys
- Weave the story of the spirit communicator
- Reach for the Wow Factor
- Explore working with multiple spirit communicators
- Explore ethics in mediumship
- Understand the role of the professional psychic medium



Kay Reynolds studied extensively at the Arthur Findlay College: The World's Foremost College for the Advancement of Spiritualism and Psychic Sciences. In *The Evidential Medium*, she combines her passion for mediumship and her twenty-nine years as an educator to create a unique teaching guide that will help you expand, elevate, and enrich your mediumship. If you're ready to take your mediumship beyond your comfort zone, join Kay on this wonderful journey to mediumship mastery. This book is for you!

# THE EVIDENTIAL MEDIUM

## IN DEPTH BOOK SYNOPSIS

Kay Reynolds is a medium, public speaker, and author of the new book, *The Evidential Medium: A Practical Guide for Developing Mediumship*. In *The Evidential Medium*, she shares her journey of training to be a medium, along with practical exercises to help you unlock the ancient tools of mediumship you hold deep within your soul.

Kay trained as a medium at the prestigious Arthur Findlay College, the world's foremost college for the advancement of spiritualism and psychic sciences, under the mentorship of Mavis Pittilla, one of the college's longest-standing tutors. The College's tutors are renowned as the best in the world, and Kay was fortunate enough to study there extensively for seven years.

Kay holds an M.Ed. and has twenty-nine years' teaching experience. She has taught students from grade school right into adulthood. In her work as a medium, Kay utilizes all her educational training as well as the public speaking skills she gained at countless education conventions.

*The Evidential Medium* is a self-help book—with a twist of memoir—and was written for everyone interested in learning about being a medium. Sharing the highs and lows of her own mediumship journey, Kay takes the reader on a roller coaster ride. What went wrong? What steps did she take to overcome the many hurdles that arise for every student of mediumship? Kay's stories are interspersed with practical exercises so that students can meet the challenges of mediumship head on. Reading this book and doing the exercises will help you avoid the setbacks and obstacles that Kay overcame to make her mediumship extraordinary.

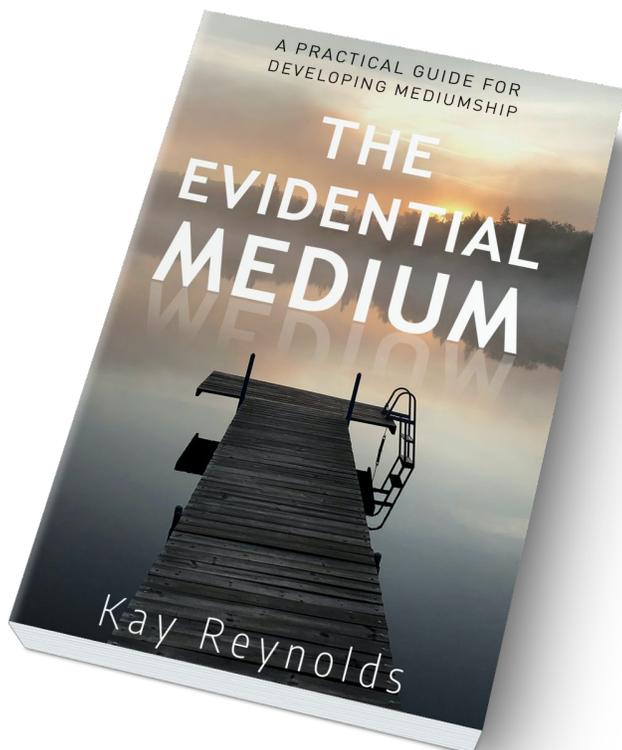
Learning to be a medium is difficult, so Kay uses the "KISS method: Keep It Simple, Silly" in her teaching and writing. There are no sure or true ways to teach mediumship. Every individual is different and much of what you learn comes down to you, the medium. Most of the work students of mediumship do is "inner work," meaning that you must go within and heal yourself from the inside out, deepening your connection to the God Source as you do so. As a teacher of mediumship, Kay's role is to guide you through the process. She facilitates your transformation, pointing out your strengths and weaknesses—and giving you a step-by-step process to help you reach your goals.

Those readers who are teachers of mediumship or administrators of mediumship programs know that teaching mediumship is not easy. In this book, Kay shares the tricks of the trade, breaking down the teaching curriculum and exercises into incremental phases that even the newest learner can understand and follow.

# THE EVIDENTIAL MEDIUM

What sets Kay's book apart from other books on mediumship? Kay knows how to teach and how to relate complex information in simple terms. She understands the mindset and needs of her readers and ensures that those needs are met. Using graphics, charts, and stories—all the while poking fun at her own triumphs and failures—Kay keeps it real and relevant, inspiring readers to rise above the trials and tribulations and to keep going on their mediumship path.

Aspiring mediums are always searching for a safe environment in which to explore the world of mediumship more deeply. Kay reassures her readers that "You are not alone." Those thoughts that race through your mind—thoughts of disillusionment, disappointment, and discouragement—have raced through the minds of countless other mediumship students too. Kay offers you a sense that you belong to a wider mediumship community, and a sense of comfort when the going gets rough. Kay is a cheerleader, a mentor, a guide—and her words are a soft, reassuring whisper that says, "Keep going, you're doing great."



## How to Read this Book:

In *The Evidential Medium*, Kay crafts a series of exercises appropriate for you, the developing medium. Each chapter builds upon the last. Read through this book at your own pace, practicing the exercises in previous chapters and in the current chapter. Once you have worked through the entire book, you are encouraged to return to the exercises in which you find you need additional practice.

In addition to providing practical exercises to help you build upon your mediumship skills, Kay encourages you to reflect on your own soul's progression. Why? Because ninety-five percent of the work you will do as a developing medium is healing your own soul—from the inside out—so you can deepen your connection with the God Source. Self-development practices are incorporated into each chapter, and you can use your own journal or purchase the journal designed to go along with this book.

# THE EVIDENTIAL MEDIUM

## Why Kay Wrote this Book-

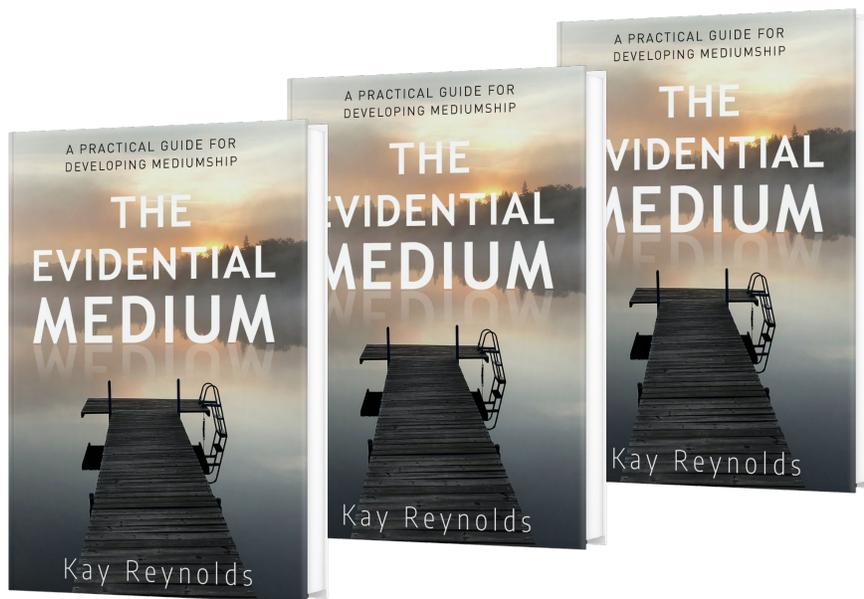
Kay grew up in the Bible Belt, where one does not speak of things like hearing voices or having visions, so Kay walked around aimlessly, wondering "Why is this happening to me? What does it all mean?" She was in her late twenties when she first heard the word "medium." She'd searched for self-help books, and had bought and read them all. But while they confirmed that she wasn't crazy and was a medium, they didn't provide insight on what to do with her gift. So, Kay was inspired to write about what to do when you know you are medium, to provide information on how to understand your gift and how to put your mediumship skills into practice.

It is Kay's hope that mediums who read this quintessential book on mediumship development will no longer wonder what to do to take their skills to the next level. She is confident that after reading *The Evidential Medium*, mediums at all levels will have a solid foundation to work from as they build their mediumship skills and find their soul's true purpose.

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## Target Audience-

*The Evidential Medium* is written for those interested in developing their psychic and mediumistic gifts. A secondary audience would be those who feel they may have experienced psychic phenomena in their life and want to explore a little deeper to see if this is a path to pursue or those who are intrigued by mediums and want to learn how they work.



For more information visit: [www.KayReynolds.org](http://www.KayReynolds.org)

# THE EVIDENTIAL MEDIUM

To have Kay as a guest -

## SUGGESTED TOPICS FOR DISCUSSION

- Evidential Mediumship.
- How to take your Medium skills to the next level, unlocking the ancient tools of mediumship held deep within the soul.
- The Book - *The Evidential Medium: A Practical Guide for Developing Mediumship*.

## SUGGESTED QUESTIONS

- What are the signs that show that you are a Medium? When did you realize you were a Medium? Can you tell us a story of your first experiences as a Medium?
- I know that you were in your late 20s when you heard the word Medium for the first time. Was it easy to accept that you were developing Mediumship abilities? What did it all mean to you and to your family?
- As an aspiring medium, where did you first seek for guidance? I know that you have read several books on the subject but most of them did not give much insight on what to do beyond knowing you were a medium. How did you keep inspired to learn more?
- Learning to be a medium is difficult. There are no sure and true ways to teach mediumship. Besides reading all the books about mediumship you could possibly find, what else did you do in your journey to learn more about mediumship? Did you find resistance from your family and friends since you were living under the "Bible Belt" region?
- You trained as a medium at the prestigious Arthur Findlay College: *The World's Foremost College for the Advancement of Spiritualism and Psychic Sciences* under the mentoring of Mavis Pittilla one of the college's longest-standing tutors. How did you end up there? Can you tell us a little bit about your experience with them? How were your first days there?
- In your upcoming book *The Evidential Medium: A Practical Guide to Developing Mediumship*, you intertwine practices to your own experiences as a medium. The readers will know they are not alone on their journeys. They will know the thoughts racing through their mind have raced through countless others. You offer a sense of belonging, a sense of community and a sense of being safe to explore deeper into the world the mediumship which is something aspiring mediums are always searching to find. How has holding a M.Ed. with 29 years of experience has helped you write that book in a unique way? Can you explain what is the KISS method?

# THE EVIDENTIAL MEDIUM

- Besides being a Medium, an author and a teacher, you are also a public speaker and mentor. You have taken your work on the road traveling across the globe as an international medium working in churches, theaters and halls as a teacher of mediumship and public speaker. Tell me how did you manage to join your two main passions, teaching and mediumship together?
- When you are not working as a medium, teaching or writing, what are your other passions? I've heard you have two fur babies, Tango and Indy Blu and that you love to hike in the Smoky Mountains.
- How did you decide it was the right time to write the book and who did you have in mind as your main audience when writing it?
- If you had to highlight one takeaway from the book, what would that be? What is your biggest wish with this book?



# THE EVIDENTIAL MEDIUM

**Title:** THE EVIDENTIAL MEDIUM

**Subtitle:** A PRACTICAL GUIDE FOR DEVELOPING MEDIUMSHIP

**Author:** KAY REYNOLDS

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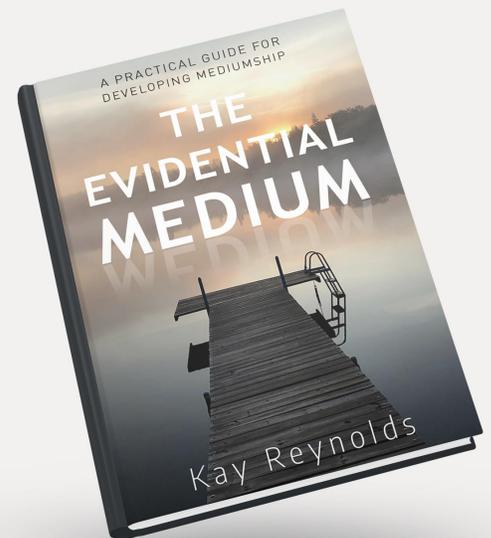
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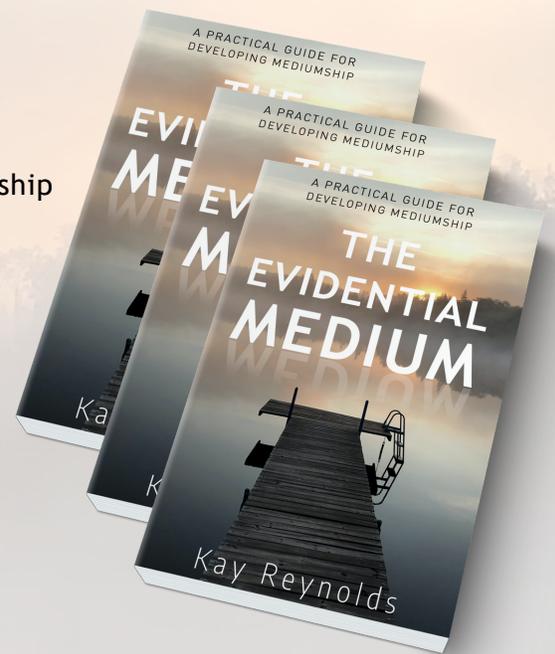
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- Understand why and how we communicate with spirits
- Delve deeper into the evidence
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## KAY REYNOLDS

Kay Reynolds studied extensively at the Arthur Findlay College: The World's Foremost College for the Advancement of Spiritualism and Psychic Sciences. She artfully combines her passion for mediumship and her 29 years as an educator to teach you all she learned while studying at the college.

Join Kay as she takes you along on her journey and teaches you new ways to expand your mediumship beyond your comfort zone.

TO ORDER OR FOR MORE INFORMATION: [www.KayReynolds.org](http://www.KayReynolds.org)